

Incoming Exchange Student Arrival Checklist

- ☐ **Check in to Housing:** There is more information about move-in for students living on campus [here](#).
- ☐ **Phone or Email Home:** Let your family and friends know that you arrived safely. You can access a map of computer labs on campus [here](#). To use a campus computer, you will need your Unity ID and password, which is included in your orientation packet. If you forgot your password, you can email help@ncsu.edu to have it reset.
- ☐ **Connect to NC State Internet:** Add your devices to the secure NC State Wifi. Instructions can be found [here](#).
- ☐ **Obtain an NC State University Student ID Card:** The student ID card is used to identify you as a member of the NC State community, and is used to access services around the campus, including meal plans, gym access, and the library. Instructions can be found on the [One Card webpage](#). Be prepared to provide your student id number to pick up your card and you may also be asked to show photo id as well (like your passport).
- ☐ **Go Shopping:** There will be many things to buy – from your books to items for your room. There is a Target store on Hillsborough Street, a close walk from campus.
- ☐ **Explore Cell/Mobile Phones:** If you're interested in purchasing a cell phone or in getting a new SIM card, we recommend searching online for the best mobile plans. Previous students have recommended AT&T and Boost Mobile family plans and Mint Mobile. The Target on Hillsborough Street is a popular destination for international exchange students seeking a cell phone or SIM card.
- ☐ **Set up a Bank Account:** It is recommended that you open a US bank account for the duration of your exchange if you will be living off campus. There is a PNC Bank inside Talley Student Union. Wells Fargo (on Hillsborough Street) and Bank of America (on Oberlin Road) are also close to campus and have worked well for students in previous semesters. You will need your student ID card, passport and visa documentation, and local address in order to open an account. *Be sure to ask about any fees or charges that may be involved in your account, and don't forget to close the account before you return home!*
- ☐ **Sign up for a Meal Plan:** All students have the option of getting a meal plan through University Dining, www.ncsudining.com.
- ☐ **Complete Medical History and Immunization Forms:** NC State requires students to complete their immunization requirements before arriving on campus. To ensure compliance with North Carolina immunization laws, all students have 30 days to submit official copies of their [immunization records](#), complete the Health History form and Tuberculosis (TB) Screening form online via [Healthy Pack Portal](#). You can find more information about Immunizations and Tuberculosis (TB) Test Requirements on the [Student Health Services website](#).
- ☐ **Enroll or Waive NC State Health Insurance:** Follow the steps to [enroll](#) or [waive](#) the GeoBlue Health Insurance. If you choose to waive out of Student Blue, you MUST have alternative health insurance that meets the [minimum requirements](#) for J1 visa holders. You have until **September 1** (fall semester) or **January 31** (spring semester) to do so. If you do not waive out of Student Blue, you will be automatically enrolled and charged.
- ☐ **Prepare for class:** You can find your list of textbooks required for your courses through [MyPack Portal](#) by selecting "Class Schedule" then "View my Books" at the bottom of the page. You can then choose whether you would prefer to buy your books online or in the NC State Bookstore. Familiarize yourself with your class schedule.
- ☐ **Rest!** You will have a busy schedule over the next few days. Take time to rest, drink water, eat well, and adjust to your new surroundings.

Have a great semester at NC State! If you have any questions or problems, please contact the Study Abroad Office, 315 Holmes Hall, phone: 919-515-2087, or email: saoincoming@ncsu.edu.