

Study Abroad Pre-Departure



CHECKLIST



Pre-Departure Prep Checklist

- | | |
|---|--|
| <input type="checkbox"/> Contact Bank | <input type="checkbox"/> Print out insurance card |
| <input type="checkbox"/> Contact Phone Company | <input type="checkbox"/> Print out/gather important immigration docs |
| <input type="checkbox"/> Change money (\$50-\$100) | <input type="checkbox"/> Download AlertTraveler app |
| <input type="checkbox"/> Power of Attorney | <input type="checkbox"/> Luggage tags for all bags |
| <input type="checkbox"/> Fill any prescriptions | <input type="checkbox"/> Make copies/digital copies of important documents |
| <input type="checkbox"/> Check arrival plans and print directions | <input type="checkbox"/> Download podcasts, books, movies/shows |
| <input type="checkbox"/> Charge devices, portable charger | |

Packing Checklist

- | | |
|---|--|
| <input type="checkbox"/> Mask/Face covering | <input type="checkbox"/> Glasses, contacts, solution |
| <input type="checkbox"/> Hand Sanitizer (travel size) | <input type="checkbox"/> Passport and immigration documents |
| <input type="checkbox"/> Disinfecting wipes | <input type="checkbox"/> Any Rx medication |
| <input type="checkbox"/> Phone Charger | <input type="checkbox"/> Insurance Card |
| <input type="checkbox"/> Plug adapter | <input type="checkbox"/> Pen (to fill out entry forms) |
| <input type="checkbox"/> Debit/Credit card(s) | <input type="checkbox"/> Laptop, phone, electronic devices |
| <input type="checkbox"/> Cash in local currency (\$50-\$100 equivalent) | <input type="checkbox"/> Essentials for 1-3 days (toothbrush, clothes, etc.) |
| <input type="checkbox"/> Portable charger | |

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Important Information

Contact in U.S.: _____

Contact person in-country: _____

Address Abroad: _____

Phone number(s) for bank and credit company(ies):

Emergency number in host country:
